

## A Jump Start for Your Faith

What is faith? Where does it come from? How does it work?

Some people think that faith is the ability to believe anything and everything.

Others equate it with positive thinking, strong sentiment or even will-power.

Jeff Doles says that faith, the kind the Bible talks about, is much more powerful and precise: "Faith is believing what God has said."

Doles is the author of a new book on faith, *The Faith Log: Exploring the Workings of Biblical Faith*, published by Walking Barefoot Ministries. It is a compilation distilled from his daily 'blog (weblog) of the same name.

In his book, Doles discusses the dynamics of faith—what it is, where it comes from, how it works, and how anybody can use it. He writes about the importance of love and forgiveness to the operation of faith, and offers some practical points on how to forgive by faith, and how to conquer worry and fear. "Fear is the opposite of faith," he says, "but being unwilling to forgive is also a huge obstacle mountain-moving faith."

"God is all about faith," Doles declares. "That is how he operates. Whenever he speaks, he always expects to see it come to pass. That's exactly what faith is and how it works. God created us to speak his word and expect to see it happen."

Jeff Doles is a Bible teacher and worship leader in the Tampa Bay region. He is also the author of three other books: *Healing Scriptures and Prayers*, *Praying With Fire* and *Walking Barefoot: Living in Prayer*, Faith and the Power of God. He and his wife Suzanne founded Walking Barefoot Ministries "to help people take the next step of faith in their walk with the Lord, to experience the presence and power of God in their lives."

For more information about their ministry and how to order their books, you can visit their website at [www.walkingbarefoot.com](http://www.walkingbarefoot.com), where you can also download sample chapters. The web address for their 'blog, The Faith Log, is <http://faithlog.blogspot.com>.